

JANUARY 2025

<p>27 Monday</p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Chicken patty, crispy fries, carrots</p> <p>Deli: Ham and cheese sandwich, fresh carrots with ranch dip</p> <p>Salad: Chicken caesar w/ romaine parmesan cheese, croutons and a roll</p>	<p>28 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Tacos, cheesy rice, refried beans, salsa, sour cream, guacamole</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p>29 Wednesday</p> <p>Breakfast: Egg, ham, & cheese on an english muffin or assorted cereal</p> <p>Lunch: Lasagna roll ups, garlic knot green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots with ranch dip</p> <p>Salad: Chicken caesar w/ romaine, parmesan cheese, croutons and a roll</p>	<p>30 Thursday</p> <p>Breakfast: 2 pancakes w/ sausage & syrup or assorted cereal</p> <p>Lunch: Teriyaki chicken skewers, mashed potato, broccoli, cornbread</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p>31 Friday</p> <p>Breakfast: Cheese omelet, with hash brown or assorted cereal</p> <p>Lunch : French bread pizza, caesar salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots with ranch dip</p> <p>Salad: Chicken caesar w/ romaine, parmesan cheese, croutons, and a roll</p>
<p>FEBRUARY</p>				
<p>3 Monday</p> <p>Breakfast: French toast sticks, w/ syrup or assorted cereal</p> <p>Lunch: Hot dogs, tater kegs, baked beans</p> <p>Deli : Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine, parmesan cheese, croutons, and a roll</p>	<p>4 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese or assorted cereal</p> <p>Lunch: Walking beef tacos w/ doritos, salsa, sourcream, lettuce, tomato, and cheese, corn</p> <p>Deli; Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p>5 Wednesday</p> <p>Breakfast: Egg , ham and cheese on an english muffin or assorted cereal</p> <p>Lunch: Chicken parmesan over spaghetti, green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine, parmesan cheese, croutons, and a roll</p>	<p>6 Thursday</p> <p>Breakfast: Pancakes and sausage or assorted cereal</p> <p>Lunch: Breakfast for lunch... Waffle, sausage, eggs, hash brown, and juice</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumbers, cheese, croutons and a roll</p>	<p>7 Friday</p> <p>Breakfast: Egg, ham and cheese on an english muffin or assorted cereal</p> <p>Lunch: Domino's Pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots w ranch dip</p> <p>Salad: Chicken caesar w romaine, parmesan cheese, croutons and a roll</p>

JANUARY IS HOT TEA MONTH, & FEBRUARY IS BLACK HISTORY MONTH AND SNACK MONTH!