

OCTOBER 2024

<p>7 Monday</p> <p>Breakfast: Mini pancakes with sausage or assorted cereal</p> <p>Lunch: Chicken and cheese quesadilla, cheesy rice, corn</p> <p>Deli: Ham and cheese sandwich, fresh carrots and ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese and a roll</p>	<p>8 Tuesday</p> <p>Breakfast: Churros / Cinnamon roll or assorted cereal</p> <p>Lunch: Double cheeseburger, curly fries, green beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumbers, cheese, croutons, & a roll</p>	<p>9 Wednesday</p> <p>Breakfast: Breakfast sandwich, egg, sausage and cheese on a bagel or english muffin or waffle or assorted cereal</p> <p>Lunch: Italian chicken cutlet w/ alfredo sauce and rotini and broccoli</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese & a roll</p>	<p>10 Thursday</p> <p>Breakfast: French toast sticks w fruit cup & syrup or assorted cereal</p> <p>Lunch: Corn dogs, sweet potato waffle fries, baked beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p>11 Friday</p> <p>Breakfast: Egg and cheese w/ linguica on english muffin or smoothie or assorted cereal</p> <p>1/2 DAY</p> <p>PDD</p>
<p>14 Monday</p> <p>NO SCHOOL</p> <p>COLUMBUS DAY</p> <p>&</p> <p>INDIGENOUS PEOPLES DAY</p>	<p>15 Tuesday</p> <p>Breakfast: Emoji waffles and sausage or assorted cereal</p> <p>Lunch: Macaroni and cheese, broccoli, baked beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & a roll</p>	<p>16 Wednesday</p> <p>Breakfast : Egg, ham and cheese wrap or assorted cereal</p> <p>Lunch: Spicy chicken patty, flaming hot cheetos, green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w romaine mix, croutons, parmesan cheese & a roll</p>	<p>17 Thursday</p> <p>Breakfast: Cheese omelet with hash brown & sausage or assorted cereal</p> <p>Lunch: BBQ ribs, mashed potato, carrots, and a roll</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli, w/ ranch dip</p> <p>Salad: Grilled chicken, w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p>18 Friday</p> <p>Breakfast: Egg, sausage, and cheese, on an english muffin, or yogurt parfait or assorted cereal</p> <p>Lunch: Domino's Pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese, and a roll</p>

It is \$1.75 for an extra lunch item ...It is \$3.25 for an additional lunch

HISPANIC HERITAGE MONTH ...9/15-10/15 !! NATIONAL SCHOOL LUNCH WEEK 10/14-10/18 !!!