

# OCTOBER 2024

<p><b>21 Monday</b></p> <p>Breakfast: Mini pancakes with sausage or assorted cereal</p> <p>Lunch: Mac and cheese bites and mozzarella sticks w/ marinara sauce &amp; corn</p> <p>Deli: Ham and cheese sandwich, fresh carrots and ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese and a roll</p>	<p><b>22 Tuesday</b></p> <p>Breakfast: French toast sticks w/ bacon or assorted cereal</p> <p>Lunch: Gold Fever chicken tenders, tater kegs, carrots</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumbers, cheese, croutons, &amp; a roll</p>	<p><b>23 Wednesday</b></p> <p>Breakfast: Breakfast sandwich, egg, sausage and cheese on a bagel or english muffin or waffle or assorted cereal</p> <p>Lunch: Meatball sub, crispy fries, green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>24 Thursday</b></p> <p>Breakfast: Donut holes/ cinnamon buns or assorted cereal</p> <p>Lunch: Pulled pork quesadilla, perogies, refried beans, salsa, sour cream</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p><b>25 Friday</b></p> <p>Breakfast: Egg and cheese w/ sausage on english muffin or smoothie or assorted cereal</p> <p>Lunch: French bread pizza, salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots with ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix croutons parmesan cheese &amp; a roll</p>
				<h2>NOVEMBER</h2>
<p><b>28 Monday</b></p> <p>Breakfast: Mini waffles and sausage or assorted cereal</p> <p>Lunch: Chicken nuggets, tater tots, broccoli, roll</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>29 Tuesday</b></p> <p>Breakfast: Emoji waffles and sausage or assorted cereal</p> <p>Lunch: Walking tacos, (tacos in a bag of doritos), refried beans lettuce, tomato, and cheese</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; a roll</p>	<p><b>30 Wednesday</b></p> <p>Breakfast : Bagel w/ cream cheese or assorted danish or assorted cereal</p> <p>Lunch: Cheeseburger, dipper fries, pickles</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>31 Thursday HALLOWEEN</b></p> <p>Breakfast: Egg sausage and cheese on a belgium waffle or assorted cereal</p> <p>Lunch: Grilled cheese, chicken noodle, or tomato soup, oyster crackers, celery sticks with ranch</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli, w/ ranch dip</p> <p>Salad: Grilled chicken, w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p><b>1 Friday</b></p> <p>Breakfast: Egg, sausage, and cheese, on an english muffin, or smoothie or assorted cereal</p> <p>Lunch: Domino's Pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese, and a roll</p>

It is \$1.75 for an extra lunch item ... It is \$3.25 for an additional lunch