

# SEPTEMBER 2024

<p><b>23 Monday</b></p> <p>Breakfast: Mini pancakes with sausage or assorted cereal</p> <p>Lunch: Buffalo chicken nuggets, waffle fries,, celery sticks , &amp; corn and black bean salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots and ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese and a roll</p>	<p><b>24 Tuesday</b></p> <p>Breakfast: Churros / Cinnamon roll or assorted cereal</p> <p>Lunch: Baked chicken , mashed potato, broccoli, and a roll</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumbers, cheese, croutons, &amp; a roll</p>	<p><b>25 Wednesday</b></p> <p>Breakfast: Breakfast sandwich,egg, sausage and cheese on a bagel or english muffin or waffle or assorted cereal</p> <p>Lunch: Spaghetti and meatballs, garlic roll, green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>26 Thursday</b></p> <p>Breakfast: French toast sticks w fruit cup &amp; syrup or assorted cereal</p> <p>Lunch: General Tso's chicken, fried rice, carrots, fortune cookie</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p><b>27 Friday</b></p> <p>Breakfast: Egg and cheese w/ linguica on english muffin or smoothie or assorted cereal</p> <p>Lunch: Bosco sticks, with marinara sauce, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese &amp; a roll</p>
<p><b>OCTOBER 2024</b></p>				
<p><b>30 Monday</b></p> <p>Breakfast: Danish or bagel w/ cream cheese or assorted cereal</p> <p>Lunch: Double cheeseburger, chips, mixed veggies</p> <p>Deli : Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>1 Tuesday</b></p> <p>Breakfast: Emoji waffles and sausage or assorted cereal</p> <p>Lunch: Grilled chicken filet w/ BBQ glaze, twice baked potato, broccoli, cornbread</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; a roll</p>	<p><b>2 Wednesday</b></p> <p>Breakfast : Egg, ham and cheese wrap or assorted cereal</p> <p>Lunch: Beef nachos w/ lettuce, tomato, cheese, tostito chips, salsa, sour cream, guacamole</p> <p>Deli: Ham and cheese sandwich, fresh carrots,w/ ranch dip</p> <p>Salad: Chicken caesar w romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>3 Thursday</b></p> <p>Breakfast: Cheese omelet with hash brown &amp; sausage or assorted cereal</p> <p>Lunch: Chili cheese dogs, sweet potato puffs, baked beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli, w/ ranch dip</p> <p>Salad: Grilled chicken, w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p><b>4 Friday</b></p> <p>Breakfast: Egg, sausage,and cheese, on an english muffin, or yogurt parfait or assorted cereal</p> <p>Lunch: Domino's Pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese, and a roll</p>

It is \$1.75 for an extra lunch item ...It is \$3.25 for an additional lunch  
**HISPANIC HERITAGE MONTH ...9/15-10/15 !!**