

FEBRUARY 2024

<p>5 Monday</p> <p>Breakfast: French toast sticks w/ syrup or assorted cereal</p> <p>Lunch: Spicy chicken patty with crispy french fries and green beans</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese & a roll</p>	<p>6 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Cheeseburgers with lettuce, tomato and pickles, chips and baked beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumbers, cheese, croutons, & a roll</p>	<p>7 Wednesday</p> <p>Breakfast: Breakfast sandwich, egg, sausage and cheese on a bagel or english muffin or waffle or assorted cereal</p> <p>Lunch: General Tso's chicken, rice, and broccoli</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese & a roll</p>	<p>8 Thursday</p> <p>Breakfast: 2 Pancakes w/ sausage & syrup or assorted cereal</p> <p>Lunch: Chicken parmesan with pasta and garlic bread and mixed veggies</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken with tomato, cucumber, cheese, croutons and a roll</p>	<p>9 Friday</p> <p>Breakfast: Egg, sausage and cheese, on an english muffin or assorted cereal</p> <p>Lunch: Domino's pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine, croutons, parmesan cheese & a roll</p>
<p>12 Monday</p> <p>Breakfast: French Toast sticks w/ syrup or assorted cereal</p> <p>Lunch: Spicy chicken tenders with dipping sauces, tater tots and carrots</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ chopped romaine, croutons, parmesan cheese & a roll</p>	<p>13 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Corndog, mashed potato and baked beans</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & a roll</p>	<p>14 Wednesday</p> <p>Breakfast: Breakfast sandwich, egg, sausage, and cheese on a bagel or english muffin or waffle or assorted cereal</p> <p>Lunch: Macaroni and cheese and broccoli</p> <p>Deli: Ham and cheese sandwich, fresh carrots, w/ ranch dip</p> <p>Salad: Chicken caesar w/ romaine mix, croutons, parmesan cheese & a roll</p>	<p>15 Thursday</p> <p>Breakfast: 2 pancakes w/ sausage & syrup or assorted cereal</p> <p>Lunch: Linguicia patty, french fries, corn</p> <p>Deli: Turkey and cheese sandwich, fresh broccoli, w/ ranch dip</p> <p>Salad: Grilled chicken, w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p>16 Friday</p> <p>Breakfast: Egg, sausage, and cheese, on an english muffin or assorted cereal</p> <p>Lunch: 2 Bosco sticks, marinara sauce, romaine salad</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken caesar w/ chopped romaine, croutons, parmesan cheese & a roll</p>