

# May 2023

<p><b>29 Monday</b></p> <p><b>Memorial Day</b></p>	<p><b>30 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Lasagna roll-up or cheese ravioli , green beans, garlic knot</p> <p>Deli: Turkey &amp; Cheese sandwich fresh broccoli w/ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>31 Wednesday</b></p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Chicken wings, sweet potato fries, baked beans, roll</p> <p>Deli; Ham &amp; cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons and a roll</p>	<p><b>1 Thursday</b></p> <p>Breakfast: 2 pancakes w/ sausage &amp; syrup or assorted cereal</p> <p>Lunch: Stuff crust pizza, romaine salad</p> <p>Deli: Turkey and cheese sandwich fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p><b>2 Friday</b></p> <p><b>1/2 DAY</b></p>
<p><b>5 Monday</b></p> <p>Breakfast: French toast w/ syrup, or assorted cereal</p> <p>Lunch: Cacoila nachos, with tostito chips, refried beans, sour cream, salsa, and cheese</p> <p>Deli: Ham and cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese &amp; roll</p>	<p><b>6 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Cheeseburgers, French fries, fresh broccoli w/ ranch dip</p> <p>Deli: Turkey &amp; Cheese Sandwich broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>7 Wednesday</b></p> <p>Breakfast: Egg , ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Chicken nuggets, potato wedges, carrots</p> <p>Deli: Ham &amp; Cheese Sandwich w/ black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, &amp; roll</p>	<p><b>8 Thursday</b></p> <p>Breakfast: 2 Pancakes w/sausage &amp; syrup or assorted cereal</p> <p>Lunch: Taco salad, salsa, sour cream, fresh broccoli w/ ranch dip</p> <p>Deli: Turkey &amp; Cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>9 Friday</b></p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: 2 cheese sticks w/marinara sauce, romaine salad, fresh broccoli and ranch dip</p> <p>Deli: Ham and cheese sandwich fresh broccoli w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese and roll</p>