

# May 2023

<p><b>15 Monday</b></p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Spicy chicken patty, seasoned potato</p> <p>Deli: Ham &amp; Cheese Sandwich fresh carrots w/ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, &amp; roll</p>	<p><b>16 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Ham and cheese croissant, ramen noodle soup. oyster crackers</p> <p>Deli: Turkey &amp; Cheese sandwich fresh broccoli w/ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>17 Wednesday</b></p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Italian Trio, 3 mozzarella sticks, 3 ravioli, 3 mac and cheese bites, marinara sauce and garlic knot</p> <p>Deli: Ham &amp; cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons and a roll</p>	<p><b>18 Thursday</b></p> <p>Breakfast: 2 pancakes w/ sausage &amp; syrup or assorted cereal</p> <p>Lunch: Taco Salad, w/salsa and sour cream, Doritos, refried beans</p> <p>Deli: Turkey and cheese sandwich fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p><b>19 Friday</b></p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: Stuffed crust pizza, romaine salad</p> <p>Deli: Ham and cheese sandwich, carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons and a roll</p>
<p><b>22 Monday</b></p> <p>Breakfast: French toast w/ syrup, or assorted cereal</p> <p>Lunch: Chicken Quesadilla, rice, corn, sour cream, salsa</p> <p>Deli: Ham and cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese &amp; roll</p>	<p><b>23 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Breakfast for lunch, eggs, sausage, hash brown, waffle, juice, baked beans</p> <p>Deli: Turkey &amp; Cheese Sandwich broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>24 Wednesday</b></p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Chicken chow mein sandwich, fried rice</p> <p>Deli: Ham &amp; Cheese Sandwich w/ black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, &amp; roll</p>	<p><b>25 Thursday</b></p> <p>Breakfast: 2 Pancakes w/sausage &amp; syrup or assorted cereal</p> <p>Lunch: Chicken tenders, tater tots, w/ dipping sauce</p> <p>Deli: Turkey &amp; Cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>26 Friday</b></p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: 2 cheese sticks w/marinara sauce and romaine salad</p> <p>Deli: Ham and cheese sandwich fresh broccoli w/ ranch dip</p> <p>Salad: chicken Caesar w/ romaine mix, parmesan cheese and roll</p>