

May 2023

<p>1 Monday</p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Chicken nuggets w/ dipping sauces, fries, corn</p> <p>Deli: Ham & Cheese Sandwich fresh carrots w/ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, & roll</p>	<p>2 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Meatball sub, seasoned potatoes, baked beans</p> <p>Deli: Turkey & Cheese sandwich fresh broccoli w/ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>3 Wednesday</p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Chow mein, veggie egg roll, rice and a fortune cookie</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese & a roll</p>	<p>4 Thursday</p> <p>Breakfast: 2 pancakes w/ sausage & syrup or assorted cereal</p> <p>Lunch: Baked chicken, mashed potato, peas, roll</p> <p>Deli: Turkey and cheese sandwich fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p>5 Friday</p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: 2 cheese sticks, marinara sauce, romaine salad</p> <p>Deli: Ham and cheese sandwich fresh carrots with ranch dip</p> <p>Salad: Chicken Caesar w/romaine mix, parmesan cheese and a roll</p>
<p>8 Monday</p> <p>Breakfast: French toast w/ syrup, or assorted cereal</p> <p>Lunch: General Tso's chicken, rice and broccoli</p> <p>Deli: Ham and cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese & roll</p>	<p>9 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Cheeseburger, potato wedges, lettuce, tomato, pickles</p> <p>Deli: Turkey & Cheese Sandwich broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>10 Wednesday</p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Hot dog or fish sandwich, tater tots, baked beans</p> <p>Deli: Ham & Cheese Sandwich w/ black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll</p>	<p>11 Thursday</p> <p>Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal</p> <p>Lunch: Meatloaf, mashed potato, carrots, gravy and a roll</p> <p>Deli: Turkey & Cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>12 Friday</p> <p>Breakfast: Egg, sausage and cheese, on an English muffin or assorted cereal</p> <p>Lunch: Linguicia pizza, romaine salad</p> <p>Deli: Ham & cheese sandwich, broccoli w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons and a roll</p>