

# April 2023

<p><b>10 Monday</b></p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Corn dog, baked beans, French fries</p> <p>Deli: Ham &amp; Cheese Sandwich fresh carrots w/ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, &amp; roll</p>	<p><b>11 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Chicken Quesadilla, rice, carrots</p> <p>Deli: Turkey &amp; Cheese sandwich fresh broccoli w/ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>12 Wednesday</b></p> <p>Breakfast: Egg, ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Ravioli, green beans, garlic knot</p> <p>Deli: Ham and cheese sandwich, fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese &amp; a roll</p>	<p><b>13 Thursday</b></p> <p>Breakfast: 2 pancakes w/ sausage &amp; syrup or assorted cereal</p> <p>Lunch: Cacoila over tortilla chips, corn</p> <p>Deli: Turkey and cheese sandwich fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p><b>14 Friday</b></p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: 2 cheese sticks, marinara sauce, romaine salad</p> <p>Deli: Ham and cheese sandwich fresh carrots with ranch dip</p> <p>Salad: Chicken Caesar w/romaine mix, parmesan cheese and a roll</p>
<p><b>April vacation week</b></p>				
<p><b>24 Monday</b></p> <p>Breakfast: French toast w/ syrup, or assorted cereal</p> <p>Lunch: Spicy chicken patty, oven baked fries</p> <p>Deli: Ham and cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese &amp; roll</p>	<p><b>25 Tuesday</b></p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Lasagna roll-ups, tossed salad, garlic knot</p> <p>Deli: Turkey &amp; Cheese Sandwich broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>26 Wednesday</b></p> <p>Breakfast: Egg , ham and cheese on a waffle or assorted cereal</p> <p>Lunch: Chicken wings, rice, corn</p> <p>Deli: Ham &amp; Cheese Sandwich w/ black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, &amp; roll</p>	<p><b>27 Thursday</b></p> <p>Breakfast: 2 Pancakes w/sausage &amp; syrup or assorted cereal</p> <p>Lunch: Chili and cheese over tortilla chips, cornbread muffin</p> <p>Deli: Turkey &amp; Cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, &amp; roll</p>	<p><b>28 Friday</b></p> <p>Breakfast: Egg, sausage and cheese, on an English muffin or assorted cereal</p> <p>Lunch: Pepperoni pizza, romaine salad</p> <p>Deli: Ham &amp; cheese sandwich, broccoli w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons and a roll</p>