

December 2022

<p>19 Monday</p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Chicken Patty sandwich, fries, and baked beans</p> <p>Deli: Ham & Cheese Sandwich fresh carrots w/ranch dip or black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, & roll</p>	<p>20 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Quesadilla, rice, and corn</p> <p>Deli: Turkey & Cheese sandwich fresh broccoli w/ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>21 Wednesday</p> <p>Breakfast: Egg, ham, & cheese quesadilla or assorted cereal</p> <p>Lunch: Baked chicken mashed potato, broccoli, and dinner roll</p> <p>Deli: Ham and cheese sandwich fresh carrots with ranch dip</p> <p>Salad: Chicken caesar w/romaine mix, croutons, parmesan cheese & a roll</p>	<p>22 Thursday</p> <p>Breakfast: 2 pancakes w/ sausage & syrup or assorted cereal</p> <p>Lunch: 2 Stuffed cheese sticks, marinara sauce, tossed salad</p> <p>Deli: Turkey and cheese sandwich fresh broccoli with ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons and a roll</p>	<p>22 Friday</p> <p>Christmas Vacation</p>
<p>January 2023</p>				
<p>2 Monday</p> <p>Happy New Year!!</p> <p>2023</p>	<p>3 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Corndog, sweet potato fries, and baked beans</p> <p>Deli: Turkey & Cheese Sandwich broccoli w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>4 Wednesday</p> <p>Breakfast: Egg , ham and cheese quesadilla or assorted cereal</p> <p>Lunch: Mozambique, corn and dinner roll</p> <p>Deli: Ham & Cheese Sandwich w/ black bean salad</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll</p>	<p>5 Thursday</p> <p>Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal</p> <p>Lunch: Cheeseburger, lettuce and tomato, tater-tots</p> <p>Deli: Turkey & Cheese Sandwich fresh carrots w/ ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>6 Friday</p> <p>Breakfast: Egg, sausage and cheese on an English muffin or assorted cereal</p> <p>Lunch: Pepperoni pizza, Tossed salad</p> <p>Deli: Ham and cheese sandwich fresh broccoli w/ ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, parmesan cheese and roll</p>