

October 2022

<p>Monday</p> <p style="text-align: center;">Columbus Day</p>	<p>11 Tuesday</p> <p>Breakfast: Bagel w/cream cheese or cereal</p> <p>Lunch: Cheeseburger, baked beans, corn</p> <p>Deli: Ham & Cheese sandwich Black Bean Salad</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>12 Wednesday</p> <p>Breakfast: Egg, ham, & Cheese, Quesadilla or assorted cereal</p> <p>Lunch: American Chop suey roll & margarine</p> <p>Deli: Turkey Cheese Sandwich w/ marinated cucumber slices</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & Roll</p>	<p>13 Thursday</p> <p>Breakfast: 2 Blueberry Pancakes w/sausage & syrup or assorted cereal</p> <p>Lunch: Salisbury Steak dinner, mashed potato, gravy, roll, margarine, fresh broccoli & ranch dip</p> <p>Deli: Turkey & Cheese Sandwich fresh broccoli & ranch dip</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>14 Friday</p> <p>Breakfast: Egg, Sausage, & Cheese on an English Muffin or assorted cereal</p> <p>Lunch: Pepperoni Pizza & Tossed Salad</p> <p>Deli: Ham & Cheese Sandwich</p> <p>Salad: Chicken Caesar Salad w/ romaine mix, croutons, parmesan cheese, & roll</p>
<p>17 Monday</p> <p>Breakfast: French toast w/syrup, or assorted cereal</p> <p>Lunch: Chicken Nuggets, sauces, potato wedges, fresh carrots w/ranch dip</p> <p>Deli: Ham & Cheese Sandwich fresh carrots w/ranch dip</p> <p>Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, & roll</p>	<p>18 Tuesday</p> <p>Breakfast: Bagel w/ cream cheese, or assorted cereal</p> <p>Lunch: Hot dog, baked beans, corn</p> <p>Deli: Turkey & Cheese sandwich Black Bean Salad</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>19 Wednesday</p> <p>Breakfast: Egg, ham, & cheese breakfast quesadilla or cereal</p> <p>Lunch: Penne Pasta w/ meat sauce, roll & margarine</p> <p>Deli: Ham & Cheese Sandwich w/marinated cucumber slices</p> <p>Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll</p>	<p>20 Thursday</p> <p>Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal</p> <p>Lunch: Chicken Quesadilla, Spanish rice, fresh broccoli w/ranch dip, & Tossed salad,</p> <p>Deli: Turkey & Cheese Sandwich Broccoli Pasta salad</p> <p>Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll</p>	<p>21 Friday</p> <p>Breakfast: Egg, sausage, & cheese on English Muffin or assorted cereal</p> <p style="text-align: center;">Early Dismissal</p>