

Monday	Tuesday	Wednesday	Thursday	Friday
			2	1 Breakfast: Egg, sausage & cheese on English Muffin or assorted cereal Lunch: 2 Stuffed Cheese sticks w/ marinara sauce, salad or peach cup Deli: Ham & Cheese sandwich w/carrots Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll
4 Breakfast: Bagel w/ cream cheese, or assorted cereal Lunch: Baked Chicken, seasoned potatoes, gravy, cranberry, fresh carrots, & roll Deli: Turkey & Cheese Sandwich Potato salad Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, & roll	5 Breakfast: French Toast w/ syrup or assorted cereal Lunch: Cheese burger, baked beans, corn Black Bean & Pasta Salad Deli: Ham & Cheese sandwich Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	6 Breakfast: Egg, ham, & cheese quesadilla or assorted cereal Lunch: Penne Pasta w/ meat sauce, roll Deli: Turkey & Cheese Sandwich Side Caesar Salad w/ parmesan & croutons Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll	7 Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal Lunch: Salisbury steak Sandwich with gravy, mashed potato, broccoli, Deli: Tuna Salad sandwich Broccoli Pasta Salad Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	8 Breakfast: Egg, sausage, & cheese on English Muffin or assorted cereal Lunch:Pepperoni w/ salad or peach cup Deli: Ham & Cheese sandwich w/carrots Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll
<b>Columbus Day</b>	12 Breakfast: French Toast w/ syrup or assorted cereal Lunch: B.B.Q. Pork Patty, baked beans, corn Black Bean & Pasta Salad Deli: Ham & Cheese sandwich Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	13 Breakfast: Egg, ham, & cheese quesadilla or assorted cereal Lunch: American Chop Suey w/roll Deli: Turkey & Cheese Sandwich Side Caesar Salad w/ parmesan & croutons Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll	14 Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal Lunch: Roast Turkey & Stuffing sandwich, gravy, cranberry sauce, mashed potato, broccoli, Deli: Tuna Salad sandwich Broccoli Pasta Salad Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	15 Breakfast: Egg,sausage, & cheese on English Muffin or assorted cereal Lunch: Loaded Nachos, taco meat, salsa, cheese, sour cream, lettuce, tomato & apple slices or applesauce Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll
18 Breakfast: Bagel w/ cream cheese, or assorted cereal Lunch: Spicy Chicken Patty sandwich, lettuce & tomato, fresh carrots, seasoned potatoes Deli: Turkey & Cheese Sandwich Potato salad Salad: Chicken Caesar w/ romaine mix, croutons, parmesan cheese, & roll	19 Breakfast: French Toast w/ syrup or assorted cereal Lunch: Cheese burger, baked beans, corn Black Bean & Pasta Salad Deli: Ham & Cheese sandwich Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	20 Breakfast: Egg, ham, & cheese quesadilla or assorted cereal Lunch: Rotini Pasta w/meat sauce, roll, & broccoli Deli: Turkey & Cheese Sandwich Side Caesar Salad w/ parmesan & croutons Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll	21 Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal Lunch:Chicken Quesadilla w/salad or apple slices Deli: Tuna Salad sandwich Broccoli Pasta Salad Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	22 Breakfast: Egg, sausage, & cheese on English Muffin or assorted cereal  <b>EARLY RELEASE 10:49 dismissal</b>
25 Breakfast: Bagel w/ cream cheese, or assorted cereal Lunch: Chicken Patty sandwich, lettuce & tomato, carrots, seasoned potatoes Deli: Turkey & Cheese Sandwich Potato salad Salad: Chicken Caesar w/ romaine mix, parmesan cheese, croutons, & roll	26 Breakfast: French Toast w/ syrup or assorted cereal Lunch: B.B.Q Pull Pork Sandwich, baked beans, corn Black Bean & Pasta Salad Deli: Ham & Cheese sandwich Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	27 Breakfast: Egg, ham, cheese Quesadilla or assorted cereal Lunch: Spaghetti & meat sauce w/roll Deli: Turkey & Cheese Sandwich Side Caesar Salad w/ parmesan & croutons Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll	28 Breakfast: 2 Pancakes w/sausage & syrup or assorted cereal Lunch: Chicken Mozambique mixed with rice, served with broccoli and roll Deli: Tuna Salad sandwich Broccoli Pasta Salad Salad: Grilled chicken w/ tomato, cucumbers, cheese, croutons, & roll	29 Breakfast: Egg, sausage, & cheese on English Muffin or assorted cereal Lunch: Cheese Pizza w/ salad or fruit Deli: Ham & Cheese sandwich w/carrots Salad: Chicken Caesar w/ romaine mix parmesan cheese, croutons, & roll

