

All Meals include fruit & milk:

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breakfast: Cereal or Bagel w/ cream cheese & juice Lunch: Spicy Chicken Patty Sandwich or Turkey & Cheese Sandwich, carrots w/ ranch dip, wheat thins, or Buffalo Chicken salad with roll</p>	<p>3 Breakfast: Cereal or Muffin & juice Lunch: Grilled Cheese Sandwich or Ham & Cheese Sandwich, baked chip,carrots w/ ranch dip or Salad w/Grilled Chicken & roll</p>	<p>4 Breakfast: Cereal or Banana Bread, yogurt & juice Lunch: Cheeseburger or Cheddar chicken & ranch wrap, baked chips,carrots w/ranch dip or Chicken Caesar Salad with roll</p>	<p>5 Breakfast: Cereal or French Toast or French toast Sticks & juice Lunch: Spaghetti & Meatsauce w/garlic bread or Tuna Salad sandwich w/ snack,carrots w/ranch dip, or Buffalo Chicken Salad w/roll</p>	<p>6 Breakfast: Cereal or Egg, Sausage, & Cheese on English Muffin, juice Lunch: Pepperoni Pizza or Assorted deli sandwich, w/ baked snack, veggies w/ ranch dip or Salad with grilled chicken, roll,</p>
<p>9 Breakfast: Cereal or Bagel w/ cream cheese, & juice Lunch: Chicken Patty Sandwich or Turkey & Cheese Sandwich, carrots w/ ranch dip, wheat thins, or Buffalo Chicken salad with roll</p>	<p>10 Breakfast: Cereal or Muffin & juice Lunch: Bacon Cheeseburger or Ham & Cheese Sandwich, baked chip,carrots w/ ranch dip, milk & fruit, or Salad w/Grilled chicken & roll</p>	<p>11 Veteran's Day</p>	<p>12 Breakfast: Cereal or French Toast or French Toast Sticks & juice Lunch: Grilled pork & cheese quesadilla or Tuna Sandwich, cheese-its, broccoli w/ranch dip or Salad w/Grilled Chicken & roll</p>	<p>13 Breakfast: Cereal or Egg, sausage, cheese on English Muffin, juice Lunch: 2 Stuffed Bread Cheese Stick w/marinara dipping sauce or Assorted deli sandwich, baked snack, veggies w/ranch dip or Salad w/Grilled Chicken & roll</p>
<p>16 Breakfast: Cereal or Bagel w/cream cheese, & juice Lunch: Chicken Nuggets, dipping sauce, or Turkey & Cheese Sandwich, carrots w/ ranch dip, wheat thins, or Buffalo Chicken salad with roll</p>	<p>17 Breakfast: Cereal or Muffin & juice Lunch: Corn Dog or Ham & Cheese Sandwich, baked chip,carrots w/ ranch dip, milk & fruit, or Salad w/Grilled chicken & roll</p>	<p>18 Breakfast: Cereal or Coco Puff Bar, yogurt & juice Lunch: Shepherd's Pie with roll or Cheddar chicken & ranch wrap, baked chips,carrots w/ranch dip, or Chicken Caesar Salad with roll</p>	<p>19 Breakfast: Cereal or French Toast or French Toast Stick & juice Lunch: Loaded Nachos, taco meat, salsa, sour cream, or Tuna Sandwich, cheese-its, broccoli w/ranch dip, or Salad w/Grilled Chicken & roll</p>	<p>20 Breakfast: Cereal or Egg, sausage, cheese on English Muffin, juice Lunch: Linguica Stick Bread Pizza, or Assorted deli sandwich, baked snack, veggies w/ranch dip or Salad w/Grilled Chicken & roll</p>
<p>23 Breakfast: Cereal or Bagel w/cream cheese, & juice Lunch: Chicken Patty Sandwich or Turkey & Cheese Sandwich, carrots w/ ranch dip, wheat thins, or Buffalo Chicken salad with roll</p> <hr/> <p>30 Breakfast: Cereal or Bagel w/cream cheese & juice Lunch: Spicy Chicken Sandwich or turkey & cheese sandwich or Buffalo Chicken Salad</p>	<p>24 Breakfast: Cereal or Glazed Doughnut & juice Lunch: Pepperoni & Cheese Hot Pocket Sandwich or Ham & Cheese Sandwich, baked chip,carrots w/ ranch dip, milk & fruit, or Salad w/Grilled chicken & roll</p> <hr/>	<p>25 Breakfast: Cereal or Cheese Omelet, home fries, toast & sausage, juice & milk</p> <p>Half Day</p> <hr/>	<p>26 Thanksgiving Day</p> <hr/>	<p>27 Thanksgiving Break</p> <hr/>