

# MENU

March 9, 2020  
Cycle 20, Day 3

the lighthouse cafe

## ***Freshman Menu***

**Taco Salad** (Mixed greens, seasoned taco Beef, red onions, olives, black beans, Shredded cheddar cheese, tortilla chips, Green peppers and California dressing) \$4.50

## ***Sophomore Menu***

**Chicken Parmesan Dinner** (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

**Cobb Salad** (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

**Quesadilla Burger with Fries** (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

## ***Healthy Options***

**Ahi Tuna Poke Tacos** (Soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice)GF \$4.00

**Mexican Grain Bowl** (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

## ***Senior and Junior***

**Soup of the Day:** Cup: \$1.25  
**Sydney's** Cream of Brussel Sprouts Bowl: \$1.75

**Sandwich of the Day:**  
**Jessica's** Pastrami w/ Swiss cheese, onions, and French Fries on a potato roll \$3.50

**Entrées:**  
**Euridice's** Chicken Pot Pie \$4.50

**Faythe's** Chicken Marsala w/ creamy peas, carrots and mashed potatoes \$4.50

**Bryam's** Cheese tortellini in Alfredo sauce w/ andoule sausage, creamy peas, and carrots \$4.50

**Brennan's** Portuguese Pork Bifana topped w/ onions, banana peppers, mashed potatoes, creamy peas, and carrots \$4.50