

MENU

March 4, 2020
Cycle 19, Day 6

the lighthouse cafe

Freshman Menu

Honey Chicken Salad (Mixed Greens, Shredded Red Cabbage, Carrots, Tomatoes, Sesame Angel Hair, Sesame Seams, Teriyaki Chicken, Honey Mustard, and Crispy Wontons) \$4.50

Sophomore Menu

Chicken Parmesan Dinner (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Quesadilla Burger with Fries (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

Healthy Options

Ahi Tuna Poke Tacos (Soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice)GF \$4.00

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Kelsey's Chail Soup (Half Chowder and half Kale) Bowl: \$1.75

Sandwich of the Day:

Chianti's Monte Cristo with Ham, Turkey, Swiss Cheese, and Sweet Potato French Fries \$3.50

Entrées:

Russell's Portuguese Steak with Tarragon Roasted Carrots and Cilantro-Lime Rice \$4.50

Angelina's Scallop Fish Taco with Purple Cabbage and French Fries \$5.00

Felicia's Chicken Bowl with Rice, Chicken, Roasted Corn, Sautéed Peppers and Onions, and Beans topped with Avocado, Sour Cream, and Scallions \$4.50