

MENU

March 3, 2020
Cycle 19, Day 5

Freshman Menu

Honey Chicken Salad (Mixed Greens, Shredded Red Cabbage, Carrots, Tomatoes, Sesame Angel Hair, Sesame Seams, Teriyaki Chicken, Honey Mustard, and Crispy Wontons) \$4.50

Sophomore Menu

Chicken Parmesan Dinner (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Quesadilla Burger with Fries (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

Healthy Options

Ahi Tuna Poke Tacos (Soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice)GF \$4.00

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Aaliyah's Italian Wedding Soup Bowl: \$1.75

Sandwich of the Day:
Breanna's Cacoila with Hot Banana Peppers and French Fries \$3.50

Entrées:
Felicia's B.B.Q. Pulled Pork Mashed Potatoes, Oven Roasted Butternut Squash, and Corn Bread \$4.50

Lynne's Asian Style Yankee Pot Roast with Herb Bisquet \$4.50

Russel's Enchilada with Refried Beans, Corn, Shredded Pork, Cheese, and a side of Rice \$4.50

the lighthouse cafe