

MENU

March 11, 2020
Cycle 20, Day 5

the lighthouse cafe

Freshman Menu

Taco Salad (Mixed greens, seasoned taco Beef, red onions, olives, black beans, Shredded cheddar cheese, tortilla chips, Green peppers and California dressing) \$4.50

Sophomore Menu

Chicken Parmesan Dinner (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Quesadilla Burger with Fries (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

Healthy Options

Ahi Tuna Poke Tacos (Soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice)GF \$4.00

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Robyn's Beef barley Bowl: \$1.75

Sandwich of the Day:
Sydney's Ruben sandwich w/ French fries \$3.50

Entrées:

Jessica's Lemon pepper shrimp served w/ rice pilaf and mixed vegetables \$5.00

Dante's Buffalo chicken tenders served w/ mixed vegetables and French fries \$4.50

Micayla's Penne Mac & Cheese served w/ bacon, sun dried tomatoes, and mixed vegetables \$4.50

Brennen's Mongolian beef served w/ rice pilaf and mixed vegetables \$4.50