

MENU

February 4, 2020
Cycle 17, Day 2

the lighthouse cafe

Freshman Menu

Freshman Salad (Blackened Chicken Caesar) \$5.00

Sophomore Menu

Quesadilla Burger with Fries (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Lettuce, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

Baked Cod Bella Vista (roasted Cod, Tomatoes, Peppers, Red Onion and Garlic compound Butter and Brown Rice) \$5.00

Chicken Parmesan Dinner(Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad(Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Healthy Options

Ahi Tuna Poke Tacos (soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice) GF \$4.00

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) V \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Breanna's Chicken Noodle Soup Bowl: \$1.75

Sandwich of the Day:
Aaliyah's Pastrami with Onion, Cheese, and French Fries \$3.50

Entrées:
Lynne's Chicken over Spanish Rice \$4.50

Russel's Turkey Dinner (Turkey, Stuffing, Gravy, and Bread) \$4.50

Karina's Clams Casino/ Broiled Oysters with Garlic Butter, Butternut Squash, and Mashed Potatoes \$5.00