

MENU

February 24, 2020
Cycle 18, Day 5

the lighthouse cafe

Freshman Menu

Honey Chicken Salad (Mixed Greens, Shredded Red Cabbage, Carrots, Tomatoes, Sesame Angel Hair, Sesame Seeds, Teriyaki Chicken, Honey Mustard, and Crispy Wontons) \$5.00

Sophomore Menu

Baked Cod Bella Vista En Papillote \$5.00
(Roasted Cod, Tomatoes, Peppers, Red Onion and Garlic compound Butter and Brown Rice)

Chicken Parmesan Dinner (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Healthy Options

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Euridice's Chili Bowl: \$1.75

Sandwich of the Day:
Brennan's Buffalo Chicken Sandwich w/ French Fries and a blue cheese spread \$3.50

Entrées:
Leigh-Anna's Minute Steak w/ sautéed onions, mashed potatoes, and broccoli au gratin \$4.50

Cameron's Sheppard's Pie \$4.50

Robyn's Shrimp Scampi over pasta w/ broccoli au gratin \$5.00

Jessica's Chicken Parmesan w/ pasta \$4.50