

# MENU

February 12, 2020  
Cycle 18, Day 2

the lighthouse cafe

## ***Freshman Menu***

**Freshman Salad** (Blackened Chicken Caesar) \$4.50

## ***Sophomore Menu***

**Quesadilla Burger with Fries** (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

**Baked Cod Bella Vista En Papillote** (Roasted Cod, Tomatoes, Peppers, Red Onion and Garlic compound Butter and Brown Rice) \$5.00

**Chicken Parmesan Dinner** (Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

**Cobb Salad** (Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

## ***Healthy Options***

**Ahi Tuna Poke Tacos** (Soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice) GF \$4.00

**Mexican Grain Bowl** (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) \$4.50

## ***Senior and Junior***

**Soup of the Day:** Cup: \$1.25  
**Cameron's Apple Butternut Soup** Bowl: \$1.75

**Sandwich of the Day:**  
**Bryam's Cheeseburger with French Fries** \$3.50

**Entrées:**  
**Jessica's Cacoila w/ rice pilaf, zucchini and onions** \$4.50

**Dante's Little Necks Zuppa** \$5.00

**Sydney's Stuffies w/ oyster jambalaya** \$5.00

**Micayla's Beef Swiss Steak w/ rice pilaf and onions** \$4.50