

MENU

February 10, 2020
Cycle 17, Day 6

the lighthouse cafe

Freshman Menu

Freshman Salad (Blackened Chicken Caesar) \$4.50

Sophomore Menu

Quesadilla Burger with Fries (6 oz. Burger patty Cheese spread, Jalapenos, Pickles, Tomato wrapped in a Flour Tortilla and grilled) \$4.00

Baked Cod Bella Vista (roasted Cod, Tomatoes, Peppers, Red Onion and Garlic compound Butter and Brown Rice) \$5.00

Chicken Parmesan Dinner(Parmesan Bread, Chicken, Tomato gravy, and Pasta) \$4.50

Cobb Salad(Romaine, Cucumbers, Tomatoes, Cheese, Pickled Red Onions, Hardboiled Egg, topped with grilled Chicken served with Ranch Dressing) GF \$4.50

Healthy Options

Ahi Tuna Poke Tacos (soft white Corn Tortillas, Pickled Ginger, crunchy Cabbage and Carrot slaw, Cilantro, Pico de Gallo, Spicy Lime Soy Honey Dressing, and Brown Rice) GF \$4.00

Mexican Grain Bowl (Brown Rice, Quinoa, Black Beans, Roasted Corn, Shredded Cheese, Pico de Gallo, Guacamole, and Crema) V \$4.50

Senior and Junior

Soup of the Day: Cup: \$1.25
Karina's Beef Vegetable soup Bowl: \$1.75

Sandwich of the Day:
Russel's Philly Cheese Steak with Peppers, Onions, and French Fries \$3.50

Entrées:
Breanna's Garlic and Herb Roasted Chicken Legs \$4.50
with Tarragon Roasted Carrots, and Rice Pilaf

Aaliyah's Portuguese Steak with Tarragon Roasted Carrots, and Rice Pilaf \$4.50