

MENU

January 29, 2020
Cycle 16, Day 4

the lighthouse cafe

Sophomore Menu

Spicy Fried Chicken Sandwich with Fries \$4.00
(GF Spicy Fried Chicken with Jardinière Pickles and Lettuce on a Potato Roll)

Classic Bistro Salad \$4.50
(Bacon lardon, Soft Poached Eggs, Red Onion, Cheddar Cheese Crumbles, Cucumbers, Arugula, and Baby Spinach in a warm Bacon and Lemon Vinaigrette)GF

Healthy Options

Seared Ahi Tuna Poke Bowl \$5.00
(Roasted Butternut Squash, Pickled Beets, Spicy Mayo, Cucumber, and Steamed Brown Rice) GF

Savory Lentils Over Buttered Grits \$5.00

Senior and Junior

Soup of the Day: Cup: \$1.25
Sydney's Baked Potato Soup Bowl: \$1.75

Sandwich of the Day:
Jessica's Nacho cheeseburger w/ nacho cheese, onions, peppers, lettuce, tomatoes, and French fries \$3.50

Entrées:

Euridice's South of the Border Sheppard's Pie w/ onions, peppers, beans, and gravy \$4.50

Faythe's Chicken rice bowl w/ cilantro lime rice, beans, peppers, onions, roasted corn, shredded cheese, pureed avocado and sour cream \$4.50

Bryam's Cheese ravioli w/ spinach and parmesan sauce \$4.50

Brennan's Shredded pork burrito w/ cauliflower \$4.50