

MENU

January 21, 2020
Cycle 15, Day 4

Sophomore Menu

Spicy Fried Chicken Sandwich with Fries \$4.00
(GF Spicy Fried Chicken with Coleslaw and Lettuce on a Potato Roll)

Pot Roast Dinner \$4.50
(Jardinière Gravy, Garlic Mashed Potatoes)

Healthy Options

Falafel Plate \$4.50
(Falafels, Marinated Cucumbers and Tomatoes, with Greek Yogurt sauce on Brown Rice)

Senior and Junior

Soup of the Day: Cup: \$1.25
Karina's Irish Cabbage Bowl: \$1.75

Sandwich of the Day:
Lynne's Sloppy Joe with French Fries \$3.50

Entrées:

Breanna's Buffalo Chicken Egg Roll with Brussel Sprouts and Potato Wedges \$4.50

Angelina's Zucchini Parmesan with Garlic Bread and Angel Hair Pasta \$4.50

Aaliyah's Lasagna \$4.50

the lighthouse cafe