

MENU

January 17, 2020
Cycle 15, Day 3

Sophomore Menu

Spicy Fried Chicken Sandwich with Fries \$4.00

(GF Spicy Fried Chicken with Jardinière Pickles and Lettuce on a Potato Roll)

Pot Roast Dinner

(Jardinière Gravy, Garlic Mashed Potatoes) \$4.50

Healthy Options

Falafel Plate

(Falafels, Marinated Cucumbers and Tomatoes, with Greek Yogurt sauce on Brown Rice) \$4.50

Senior and Junior

Soup of the Day:

Lynne's Clam Chowder Cup: \$1.25

Bowl: \$1.75

Sandwich of the Day:

Russel's Italian Sausage with Onions, Peppers and French Fries \$3.50

Entrées:

Chianti's Fish and Chips with French Fries \$5.00

Kelsey's General Tso tenders over Rice \$4.50

Aaliyah's Minute Steak with Sautéed Mushrooms, Rice, and Broccoli and Cauliflower \$4.50

the lighthouse cafe