

MENU

January 14, 2020
Cycle 14, Day 6

Sophomore Menu

Spicy Fried Chicken Sandwich with Fries \$4.00
(GF Spicy Fried Chicken with Jardinière Pickles and Lettuce on a Potato Roll)

Classic Bistro Salad \$4.50
(Bacon lardon, Soft Poached Eggs, Red Onion, Cheddar Cheese Crumbles, Cucumbers, Arugula, and Baby Spinach in a warm Bacon and Lemon Vinaigrette)GF

Pot Roast Dinner \$4.50
(Jardinière Gravy, Garlic Mashed Potatoes)

Healthy Options

Seared Ahi Tuna Poke Bowl \$5.00
(Roasted Butternut Squash, Pickled Beets, Spicy Mayo, Cucumber, and Steamed Brown Rice) GF

Falafel Plate \$4.50
(Falafels, Marinated Cucumbers and Tomatoes, with Greek Yogurt sauce on Brown Rice)

Senior and Junior

Soup of the Day: Cup: \$1.25
Fayth's Cream tomato soup Bowl: \$1.75

Sandwich of the Day:
Brennen's Monte Cristo w/French fries \$3.50

Entrées:

Leigh-Anna's Chicken Alfredo w/ peas on the pasta \$4.50

Cameron's 5 Cheese Mac and Cheese w/ smoked gouda, pepper jack, Swiss, mozzarella, American parmesan, served w/ oven roasted Brussels sprouts, bacon and onions \$4.50

Jessica's Shrimp Scampi w/ rice, oven roasted Brussels sprouts, bacon and onions \$4.50

Robyn's Cacoila served w/ rice and oven roasted Brussels sprouts, bacon and onions \$4.50

the lighthouse cafe