

MENU

December 10, 2019
Cycle 12, Day 2

the lighthouse cafe

Sophomore Menu

Spicy Fried Chicken Sandwich with Fries \$4.00
(GF Spicy Fried Chicken with Jardinière Pickles and Lettuce on a Potato Roll)

Classic Bistro Salad \$4.50
(Bacon lardon, Soft Poached Eggs, Red Onion, Cheddar Cheese Crumbles, Cucumbers, Arugula, and Baby Spinach in a warm Bacon and Lemon Vinaigrette)GF

Pot Roast Dinner \$4.50
(Jardinière Gravy, Garlic Mashed Potatoes)

Healthy Options

Seared Ahi Tuna Poke Bowl \$5.00
(Roasted Butternut Squash, Pickled Beets, Spicy Mayo, Cucumber, and Steamed Brown Rice) GF

Falafel Plate \$4.50
(Falafels, Marinated Cucumbers and Tomatoes, with Greek Yogurt sauce on Brown Rice)

Senior and Junior

Soup of the Day: Cup: \$1.25
Micayla's Chicken Barley Bowl: \$1.75

Sandwich of the Day:
Dante's New York hot dog simmered in white wine with French fries, sauerkraut and mustard \$3.50

Entrées:
Fayth's Asian chicken salad plate \$4.50

Leigh-Anna's Tropical crusted cod with butternut squash casserole, pecan toppings and mashed potatoes \$5.00

Cameron's Lasagna rolls with garlic bread \$4.50

Bryam's French meat pie with butternut squash casserole, pecan toppings and mashed potatoes \$4.50