

MENU

November 1, 2019
Cycle 8, Day 4

the lighthouse cafe

Sophomore Menu

Turkey Club Wrap with Fries \$4.00
(Premium deli sliced Turkey, Mayo, on a flour Tortilla with traditional BLT)

Grilled Chicken Cobb Salad \$4.50
(Romaine, Tomatoes, Cucumber, Pickled Red Onion, Cotija Cheese, and Hard Boiled Eggs, topped with Grilled Chicken and House made Ranch dressing)GF

Classic Salisbury Steak Dinner \$4.50
(Mashed Potatoes, Roasted Seasonal Vegetables)

Healthy Options

Pesto Roasted Cod *en pappiotte* \$5.00
(Pesto glazed Code lion, Roasted Baby potatoes, and Carrots) GF

Egyptian Koshari \$4.50
(Lentils, Brown Rice, Garbanzo Beans, Caramelized Onions, Tomato Sauce and warm Naan Bread)

Senior and Junior

Soup of the Day:
Marisa's Chowder Soup Cup: \$1.25
Bowl: \$1.75

Sandwich of the Day:
Tysa's Meatball Sub with French Fries \$3.50

Entrées:
Lauren's Barbecue Braised Beef with glazed carrots and oven roasted potatoes \$4.50

Aaliyana's Fish and Chips with coleslaw and tartar sauce \$5.00

Erica's Cheese Tortellini with chorico, onions, tomato sauce and glazed carrots \$4.50